







What's on in October at Oswestry Early Help Coffee and Chat

Thursday 2 nd October 2025	 Who can I talk to today: 0-5 Team Health Visitors - Shropshire domestic abuse service Jess from the Parenting Team Housing support 	Look what's on today Autumn Maths Activities – Come and join us for fun with counting and sorting. Early maths supports brain development, language skills, and confidence. It builds problem-solving abilities, prepares children everyday activities like counting, sorting, and measuring. Smile4Life with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth! Our friendly staff will share tips on healthy habits for little mouths		through
Thursday 9 th October 2025	Who can I talk to today:Jess from the Parenting team	Look what's on today Gruffalo activity session. Join us for story time with Cathy.	You do not need a child to attend the session to access family help. Safe, comfortable, confidential	
Thursday 16 th October 2025	 Who can I talk to today: Employment support Housing Support Health Visitor 0-5 team 	Look what's on today Smile4Life with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth! Our friendly staff will share tips on healthy habits for little mouths Autumn Themed Messy play Encouraging sensory exploration, creativity, and fine motor development through open-ended messy play activities.	and informal space to talk. Early Help Family support workers available to chat to every week. We look forward to seeing you	
Thursday 23 rd October 2025	 Who can I talk to today: Housing Support DWP Jess from parenting 	Look what's on today Junk Modelling Fun - Join us for a joyful journey of messy, creative fun! Let your little ones explore, build, and play with all kinds of exciting junk materials. It's a chance to get hands-on, s safe and welcoming space. Perfect for babies and toddlers to discover, create, and giggle together!	park imagination, and run wild with curiosit	ity in a

Thursday 30th October 2025

Community and Family Hub
Engagement Event

Many services available to talk today and activities available. Join us for a fun morning celebration the community and family hub.

See Poster for details – All the family welcome.



Oswestry Library. Arthur Street. Oswestry.

Syll 111

9.30 yntil 12.00

















Free sessions

You do not need a child to attend the session to access family help.

Safe, comfortable, confidential

and informal space to talk.

Early Help Family support

every week.

workers available to chat to

We look forward to seeing you



What's on in October at Market Brayton's Early Help Coffee and Chat

Tuesday	7 th
October	2025

Who can you talk to today:

- Early Help Team
- Stop smoking clinic
- Employment advisor

Look what's on today...

World Animal Day

Let's celebrate World Animal Day with a special session full of giggles and fun.

Tuesday 14th October 2025

Who can you talk to today:

- Health Visitors
- 0-5 early help
- Shropshire domestic abuse service
- Early help team
- Stop smoking clinic
- Employment advisor

Look what's on today....

Smile4Life with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth!

Our friendly staff will share tips on healthy habits for little mouths

Stay and Play Fun

A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session

Tuesday 21st October 2025

Who can you talk to today:

- Parenting Team

Tuesday 28th September 2025

Early Help Team

- Stop smoking clinic
- Employment advisor

Who can you talk to today:

- Health Visitors
- 0-5 Early Help
- Early Help team
- Blood Pressure checks
- Stop smoking clinic
- Employment advisor
- Parenting Team

Look what's on today....

Come and Celebrate Diwali

Join us for a special Stay and Play session filled with light, laughter, and learning as we celebrate the Festival of Lights!

Look what's on today.....

Smile4Life with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth!

Our friendly staff will share tips on healthy habits for little mouths

Community and Family Hub Engagement Event - Many services available to talk today and activities available. Join us for a fun morning celebration the community and family hub.

See Poster for details – All the family welcome.



Raven House. 129 Cheshire Street. Market Brayton TF9 3AH 9.30 until 12.30



