

World Mental Health Day

g a e m o t i o n s
x f g p f a i y j k
q f r i e n d s t i
t m g h e l p k m n
g a g j l y p f d d
k a l o i n s a y n
d b s k n c q m z e
h s u k g q a i d s
e c v d s v b l k s
n a t u r e b y m n

ask
calm
friends
emotions
kindness

family
feelings
help
talk
nature



Answers

g a e m o t i o n s
x f g p f a i y j k
q f r i e n d s t i
t m g h e l p k m n
g a g j y p f d d
k a t o n s a y n
d b s k n c q m z e
h s u k g q a i d s
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