

## Getting ready for September



Try a new hobby or game	Learn to prepare something to eat	Get in touch with at least 3 friends	Play outside with a friend	Look at your school website and find out what is happening
Set up a treasure hunt with clues for a friend	Practise some breathing exercises that your teacher has shared	Try to go to bed as if it is school time	Start getting up as if it is school time	Make a list of all the questions you have about school
Visit a neighbour you have met during lockdown when it is safe	Make a list of all the good things that have happened during lockdown	Write or draw a picture to represent lockdown	Make a happiness box to bring into school	Complete the mindfulness colouring you have been sent
Go for a walk every day	Lie on your back and look at the clouds, see if you can spot some animal shapes	Build a den inside and outside	Complete a random act of kindness for someone	Climb a tree with an adult nearby
Laugh until your tummy hurts	Splash in the puddles	Make a daisy chain	Make a sculpture out of anything you can find	Put together a new dance to perform to someone you love
Write a song or poem about what you have missed most	Plant some seeds and look after them, then bring your plant to school	Camp outdoors and tell each other stories	Go on a picnic in the wild	Make a bug hotel for the little beasts in your garden
Make a piece of art from sticks	Play Pooh sticks	Roll down a big hill	Fly a kite	Climb a big hill
Take photos of special people and places	Sing as loud as you can	Bake a cake	Write a wish list for next school year	Read your favourite book